

Physical Education Long Range Plans: Grade 4-6		2019-2020								
	<a href="https://education.alberta.ca/media/160191/phys2000.pdf">https://education.alberta.ca/media/160191/phys2000.pdf</a>									
	September	October	November	December	January	February	March	April	May	June
Dimension	Cooperative Games	Target Sports:	Target Sports:	Target Sports:	Basketball	Dance Movement	Gymnastics	Badminton	Track and Field	Outdoor Pursuits
	Team Building	Soccer	Volleyball	Floor Hockey		Snowshoeing	Cardio Stations			Games
		Curling	Archery	European Handball		X country skiing				
		Cross Country Running								
General	A - Students will acquire skills through a variety of developmentally appropriate movement activities: dance, games, types of gymnastics, individual activities in an alternative environment.									
Outcomes	B- Students will understand, experience and appreciate the health benefits that result from physical activity.									
	C-Students will interact positively with others									
	D-Students will assume responsibility to lead an active way of life.									
Specific										
Outcomes										
Grade 4	A4-1, A4-2, A4-3, A4-4,	A4-3, A4-4, A4-5, A4-6	A4-10, A4-11	A4-10, A4-11	A4-10, A4-11	A4-7, A4-8, A4-9	A4-12, A4-13 B4-1, B4-2, B4-3 B4-5, B4-6, B4-7 B4-8	A4-10, A4-11	A4-1, A4-2, A4-3,	A4-1, A4-2, A4-3,
	*Specific Outcomes for C and D will be incorporated into all the months.									
Grade 5	A5-1, A5-2, A5-3, A5-4,	A5-3, A5-4, A5-5, A5-6	A5-10, A5-11	A5-10, A5-11	A5-10, A5-11	A5-7, A5-8, A5-9	A5-12, A5-13 B5-1, B5-2, B5-3 B5-5, B5-6, B5-7 B5-8	A5-10, A5-11	A5-1, A5-2, A5-3,	A5-1, A5-2, A5-3,
	*Specific Outcomes for C and D will be incorporated into all the months.									
Grade 6	A6-1, A6-2, A6-3, A6-4,	A6-3, A6-4, A6-5, A6-6	A6-10, A6-11	A6-10, A6-11	A6-10, A6-11	A6-7, A6-8, A6-9	A6-12, A6-13 B6-1, B6-2, B6-3 B6-5, B6-6, B6-7 B6-8	A6-10, A6-11	A6-1, A6-2, A6-3	A6-1, A6-2, A6-3
	*Specific Outcomes for C and D will be incorporated into all the months.									
Assessment:	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation	Checklist, Observation
	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection	Personal Reflection
Resources:	HPEC: Everactive	Spark Program	Internet resources	Daily Physical Activity Handbook						