E.G. WAHLSTROM SCHOOL

DECEMBER 2024



School News

December saw some great activities planned by student leadership to get everyone in the holiday spirit.

We had a STOP, Drop and Dance in the halls which was a lot of fun, followed by a dress as your favourite Christmas movie. We wore lots of festive wear and had a great turn out for the Hall-i-Day parade.

We hosted our 7th annual Winter Wonderland event. This year saw our EGW choir perform on stage and our students learned about drumming and got to showcase the drums that 4A built last year from the moose the school harvested.

Thank you to all our families that came out to enjoy the activities and events. We ended our week with a PJ and pancake day where all our student were treated to a pancake breakfast.

We started our mini sticks tournament. We have 9 teams playing in the round robin. This will continue after the break.

We ended our month with the student led assembly where we showcased over 60 of our students who received awards for either growth mindset, academic achievement, physical education or SOAR. While we are closer to our caught being kind goal of 1327 caught being kind acts by the end of the school year. We are currently at 437 kind acts.



LEARNING SUPPORT

Helping students with their learning in December is unique at EGW. Outside of learning the curriculum, there were opportunities to grow as **leaders, as builders/designers, as performers, and as kind** and generous young people. A few examples around the school were:

- connecting with our Interactions program
- teaching other students how to use assistive technology
- organizing and planning costumes and groups entries for our parade
- preparing to sing and drum for a crowd
- welcoming new students to Read & Feed to play vocabulary games and Christmas charades

This meant that our staff members were often using their skills as <u>facilitators</u>, <u>listeners</u>, <u>and encouraging cheerleaders</u>.

It has also been the month that Teresa Rae and I wind up our interventions groups in preparation to assess growth in January and revise the plans for our next phase of reading supports and potential candidates. Holiday letters were sent to all the families of our current group members. We are very grateful for the learning efforts of these students.

Do you have any New Year plans to get out and help our community?

If so, consider EGW. We are also looking for volunteers to increase our math supports to help students with math fact fluency and operations with multiple digits. If that's something you would consider, please get in touch at jmcmahon@hpsd.ca. We can work with any kind of schedule, even popping in. We can assure you that it is a rewarding gig!

BIG THANKS go out to Tamsyn and Jan who volunteered this season!

WELLNESS

Hello Eagle Families, we have had a busy last month of the year in Wellness! I was able to spend some time in most classrooms continuing to build on our conflict resolution and coping skills teachings. This month we have also started a Mini Sticks tournament during second recess Tuesdays, Thursdays and Fridays. This has been very exciting for our students! We had over 100 kids sign up. They are all showing great sportsmanship and teamwork skills! Keep it up guys! The holiday season can bring mixed emotions for many. For some, it's their favorite time of year. For others, it brings feelings of sadness and loss. Here are a few tips to "beat the holiday blues".

Keep your regular routine
Think moderation
Be realistic

Stay connected

Throw guilt out the window

Dont be alone if you don't want to be

Focus on today not yesterday

Just say no

Ask for help

Be good to yourself

No matter how you mark the upcoming holidays, I hope you have a happy healthy season.

As always feel free to reach out with any questions or concerns.

See you all in 2025!!

-Shannon Johns

Wellness Coach

780-849-3539

How can you get involved?

The School Council meets monthly at EGW. This is a great way for you to hear from the school administration, teacher representative, and school trustees while collaborating with other parents/guardians to plan activities and provide feedback regarding the school. The next meeting is January 14, 2024 at 7pm at the school or you can join via Zoom. An email with more information will come closer to the meeting date.

Parent volunteers are always welcome at EGW. If you are interested in volunteering please reach out to Mrs. Ghostkeeper or your child's teacher to learn how you can get involved.

We want to hear from you!

If you have any
questions
or thoughts about
what's happening at the
school,
please email us at
egw@hpsd.ca. Thank
you!

SCHOOL CORE VALUES

At E.G. Wahlstrom we are committed to...

Building RELATIONSHIPS by making connections in our school and community.

Fostering a RESPECTFUL environment that makes everyone feel safe.

Being KIND and considerate of others.

Nurturing GROWTH through curiosity and lifelong learning.

Empowering students to be confident LEADERS.

Promoting PASSION and ENJOYMENT of learning.

As Eagles, we SUCCEED!

SHOUT OUTS

The Ching family for the donation of mini stick nets
Susan's Kitchen for the donation of treat platters to
Winter Wonderland
To all our families that helped a family in need by donating a loonie.

Grateful Heart for the balloon donation.

Frankie Ward for getting pied in the face.

Jan Shihinski for running the student gift activity.

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HIGH PRAIRIE SCHOOL DIVISION BOARD PRIORITIES HIGH PRAIRIE BOARD INDIGENOUS EDUCATION PROGRAMMING (INDIGENOUS PARENTAL/COMMUNITY **EDUCATION COACHES) ENGAGEMENT** STAKEHOLDER ENGAGEMENT Sty hips **EDUCATIONAL** EXPLICIT MYSSAMMINGS SAN WINDERS SAN WINDE **ASSISTANT TRAINING PROGRAM** STUDENT **ENGAGEMENT ASSESSMENT DUAL CREDIT PROGRAMMING** Quality Learning ENGAGED **LEARNING GOVERNANCE** SUPPORT **TEACHERS** Quality Learning **Environments** LITERACY **FRAMEWORK** POSITIVE MENTAL HEALTH **CHARACTER WELLNESS EDUCATION TEAM INCLUSION – CONTINUUM OF SUPPORTS** A. PRIORITIES



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JANUARY 2025

Sun 29 1	Mon 30 Classes Resume Ribbon Skirt day 13	Tue 31 7 7	Wed 1 8	Thu 2 9	Fri 3 10
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	13	14 School Council @ 7pm	15	16	17
	Gr 6 Immunizations	21	22	23	24
	27	28	29 No School- PD day	30	3 Students dress as teachers and teachers dress as students School Wide assembly hosted by 4E